

Team Extreme Adventure Race 2007

Registration Form:

All registrations due by 5 PM on Wednesday, May 16, 2007. There is a \$7.00 late fee for registrations after May 17 and for walk-ins.

Scout Leader/Adult in charge/Team Captain:

Unit: _____ District: _____

Address: _____

Phone H: _____ W: _____

Email Addresses: _____

INDICATE RACE COURSE: Intermediate Advanced

INDICATE RACE DIVISION:

Team (2-4 persons):

Youth under 16

Youth 16 - 17

Adults 18 - 40

Masters over 40

Individual:

Youth under 16

Youth 16 - 17

Adults 18 - 40

Masters over 40

RACERS:

Name: _____ Age: _____ Med. Form attached: yes no

Name: _____ Age: _____ Med. Form attached: yes no

Name: _____ Age: _____ Med. Form attached: yes no

Name: _____ Age: _____ Med. Form attached: yes no

Please fill out and attach or bring to the race a BSA Class I medical form, available on the Forms page: www.longhorncouncil.org/forms/Default.htm
Forms will be available at the race.

Mountain Bike Rental Requested (Boy Scouts Only):

yes no (add \$5.00 if yes. Only 5 bikes available on a first come, 1st served basis.)

FEES:

Mountain Bike Fee (if any): \$ _____

Fee before May 16, 2007:

\$24.00 per person

Fee After May 16, 2007:

\$31.00 per person

TOTAL FEES: _____ # of people x \$ _____ = \$ _____

TOTAL ENCLOSED: \$ _____

Mail to:

Longhorn Council
Team Extreme Adventure Race
PO Box 51490
Hurst, TX 76054

Phone: 817-231-8537
Fax: 817-231-8600
camping@longhorn.org
www.longhorncouncil.org

2007 Team Extreme Adventure Race Info:

RACE SCHEDULE:

- **Check-In: 6:30am - 8:20 am**
- **Bike & Boat drop-off: 7:00am - 8:20am**
- **Race Start: 8:45 am**
- **Dinner & Awards: 1:00 PM** Depending on when the Climbing is Finished



LOCATION: Sid Richardson Scout Ranch on Lake Bridgeport, 60 miles northwest of DFW airport.

FROM DENTON: Take Highway 380 west through Decatur and Bridgeport to Runaway Bay. Turn at the Sid Richardson Scout Ranch sign 2 miles past long bridge.

FROM FORT WORTH: take 287 to Decatur, and then take Highway 380 west to Runaway Bay.

FROM DALLAS: take Interstate 35E north to Denton, and then take Highway 380 West to Runaway Bay. Turn north at SR2

Fee before Wed, May 17

\$24.00/person

Fee after Wed, May 17:

\$31.00/person

Includes: Race dinner, Race T-shirt, Awards and Prizes, race numbers, all climbing gear. Canoes and Kayaks and all paddling gear are provided, but the boats are available on a first-come first-served basis. Personal Canoes and Kayaks may be used. Teams and solos racers must bring a mountain bike.

FOR MORE INFORMATION:

For more info or to download a medical history form, check out our website at www.longhorncouncil.org. Questions? Call the Camping Dept. at 817-231-8537.

Team Extreme Adventure Race

Saturday, May 19, 2007

Climb



Bike



Kayak



Canoe



Run



Team Extreme Adventure Race 2007

The 5th Annual Team Extreme Adventure Race is a multi-discipline race is open to teams of 2, 3, or 4 people and to solo racers. Race date is May 19, 2007.

Two Race Categories:

Intermediate Race: Advanced Race:

3K Run	5K Run
2K Canoe	4K Canoe
1K Kayak	1K Kayak
5K Mtn. Bike	8K Mtn. Bike
40' Climb	40' Climb

Team Members and solo racers do the race legs in this order:

- ◆ 1st Leg: 1 runner
- ◆ 2nd Leg: 2 Canoeists
- ◆ 3rd Leg: 1 kayaker
- ◆ 4th Leg: 1 mountain biker
- ◆ Final Leg: 1 climber for a 40' climb.

The Team Extreme Race is open to all Scouts, Venturers, Parents, and Leaders, and to the public.

FIRST LEG: RUNNING



You'll need one runner per team.

This competition starts with a 3K or 5K run by one team member and by all individual racers. All runners will finish their race at our Marina where the canoe leg starts.

SECOND LEG: CANOEING



2 Canoeists per Team

the Marina. Racers will paddle a course and return to the marina for the next leg: kayaking. Canoe's are available on a first-come first served basis. We have 300 canoes. Personal Canoes may be used.

All teams will send two racers out in a tandem canoe for a 2K or 4K race. Solo racers paddle solo. Team members will start when their team runner reaches



One Kayaker per Team.

THIRD LEG: KAYAKING

the marina for the bike leg. We have 70 kayaks of various types. Scout teams have 1st choice on camp kayaks. Non-Scouts should bring their own boat. Personal Kayaks may be used.

One team member and all solo racers will get a kayak and paddle and race a 1K course before returning to

FOURTH LEG: MTN. BIKING



One Mountain Biker per Team

for rental by Scouts on a 1st-come 1st-served basis.

Mountain Bikers will ride a 5K or an 8K loop ending at the course finish line. Teams and racers should bring their own mountain bikes. A few mountain bikes are available

FIFTH LEG: CLIMBING



One climber per Team

course time. All climbing gear is provided.

Each team sends one climber to the tower after the canoeing leg. Individual racers all climb. Climbers will do a 40 foot climb and the time is added to the

DINNER & AWARDS



Awards ceremony.

After the race we will have a spaghetti dinner for all race competitors and a Team Extreme Race

Longhorn Council

850 Cannon
Hurst TX 76054
www.longhorncouncil.org

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